



You CAN HELP STOP THE SPREAD OF GERMS

STAY HOME WHEN YOU ARE SICK AND GET MEDICAL CARE WHEN NECESSARY

HELP PREVENT THE SPREAD OF RESPIRATORY ILLNESS LIKE COVID-19



6 FEET

PRACTICE SOCIAL DISTANCING

AVOID CLOSE CONTACT WITH PEOPLE WHO ARE SICK

AVOID TOUCHING YOUR EYES, NOSE AND MOUTH



**WEAR A CLOTH FACE COVERING THAT COVERS YOUR NOSE AND MOUTH
SNEEZE INTO A TISSUE THEN DISCARD INTO THE TRASH**



WASH YOUR HANDS OFTEN WITH SOAP AND WATER FOR AT LEAST 20 SECONDS



CLEAN AND DISINFECT FREQUENTLY TOUCHED OBJECTS AND SURFACES